

	Monday Lanes					Tuesday Lanes					Wednesday Lanes					Thursday Lanes					Friday Lanes				
	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5
5 AM																									
6 AM																									
7 AM																									
8 AM																									
9 AM	Aqua Fitness 9:00 AM - 9:55 AM										Aqua Fitness 9:00 AM - 9:55 AM										Aqua Fitness 9:00 AM - 9:55 AM				
10 AM																									
11 AM																									
12 AM																									
1 PM																									
2 PM																									
3 PM																									
4 PM		Waves Swim Team 3:50-5:00PM					Waves Swim Team 3:50-5:00PM					Waves Swim Team 3:50-5:00PM					Waves Swim Team 3:50-5:00PM					Waves Swim Team 3:50-5:00PM			
5 PM	Group Lessons 4:00-6:30	Waves Swim Team 5:00-6:30 PM				Group Lessons 4:00-6:30	Waves Swim Team 5:00-6:30 PM				Group Lessons 4:00-6:30	Waves Swim Team 5:00-6:30 PM				Group Lessons 4:00-6:30	Waves Swim Team 5:00-6:30 PM				Group Lessons 4:00-6:30	Waves Swim Team 5:00-6:30 PM			
6 PM																									
7 PM																									
8 PM																									
9 PM																									

	Saturday Lanes					Sunday Lanes				
	1	2	3	4	5	1	2	3	4	5
7 AM										
8 AM		Waves Swim Team 7:30-9:00								
9 AM										
10 AM										
11 AM										
12 AM										
1 PM										
2 PM	Swim Lessons 7:00 AM - 7:00 PM									
3 PM	Swim Lessons 7:00 AM - 7:00 PM									
4 PM										
5 PM										
6 PM										
7 PM										

Pool Lane Reminders

Fall/Winter Lane Schedule August 26th - December 23rd:

The Indoor Pool is closed to general membership **3:50-6:30** on Weekdays.

Lane 1 is reserved for swim lessons at ALL times outside of class times.

The Indoor Pool is for exercise only when the Outdoor Pool is open and heated.

Lap Swim Etiquette

Lanes with 1 or 2 swimmers MAY "Line Swim" back and forth, Lanes with 3 or more MUST circle swimming. Lane speed is as follows.

