

	Monday Lanes					Tuesday Lanes					Wednesday Lanes					Thursday Lanes					Friday Lanes				
	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5
5 AM																									
6 AM	Swim Lessons 8:00 AM - 9:00 AM										Swim Lessons 8:00 AM - 9:00 AM										Swim Lessons 8:00 AM - 9:00 AM				
7 AM																									
8 AM																									
9 AM	Aqua Fitness 9:00 AM - 9:55 AM										Aqua Fitness 9:00 AM - 9:55 AM										Aqua Fitness 9:00 AM - 9:55 AM				
10 AM																									
11 AM																									
12 PM																									
1 PM																									
2 PM	Swim Lessons 10:00 AM - 9:30 PM										Swim Lessons 10:00 AM - 9:30 PM										Swim Lessons 10:00 AM - 9:30 PM				
3 PM																									
4 PM																									
5 PM																									
6 PM																									
7 PM																									
8 PM																									
9 PM																									
10 PM																									

Saturday Lanes					Sunday Lanes				
1	2	3	4	5	1	2	3	4	5

7 AM									
8 AM									
9 AM									
10 AM									
11 AM									
12 AM	Swim Lessons 7:00 AM - 7:00 PM				Swim Lessons 7:00 AM - 7:00 PM				
1 PM									
2 PM									
3 PM									
4 PM									
5 PM									
6 PM									
7 PM									

Pool Lane Reminders

Lanes 1 reserved for swim lessons at Monday-Friday and lanes 1 & 2 weekends. If lanes are not being used by swim instructors, they are used for Lap swim/water aerobics **ONLY**.

Lanes are reserved Monday - Friday for the Waves Swim team.

ALL Lanes 1-5 are used during Aqua Fitness Class Monday, Wednesday & Friday.

Indoor Pool is for water fitness only during OPEN Swim in outdoor pool.

Lap Swim Etiquette

Lanes with 1 or 2 swimmers MAY "Line Swim" back and forth, Lanes with 3 or more MUST circle swim. Lane speed is as follows.

